

# Organically Yours:

**Open Yourself To A Vibrant Healthy Life  
Through Clean Living**



**Thursday,  
Oct. 5  
7:00 - 8:00 pm**

**Registration requested.**

**Learn how to enhance the  
quality of life  
through clean living.**

**The emphasis will be on rejuvenating your mind, body and environment.  
If you are suffering from chronic disease, work/life balance,  
disorganization/clutter, anxiety or stress,  
this program is for you.**

*Presenter: Patricia Diesel, certified professional life coach, speaker and author of the book  
**Organically Yours - Open Yourself To A Vibrant Healthy Life Through Clean Living (2017).**  
Her transforming lessons have helped inspire and motivate people to be the best they can be.  
She has appeared on GMA, TLC, Lifetime and various media outlets communicating her message.*



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