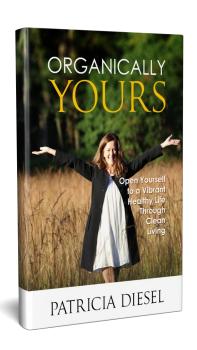
Organically Yours:

Open Yourself To A Vibrant Healthy Life Through Clean Living



Thursday, Oct. 5 7:00 - 8:00 pm

Registration requested.

Learn how to enhance the quality of life through clean living.

The emphasis will be on rejuvenating your mind, body and environment.

If you are suffering from chronic disease, work/life balance,
disorganization/clutter, anxiety or stress,
this program is for you.

Presenter: Patricia Diesel, certified professional life coach, speaker and author of the book

Organically Yours - Open Yourself To A Vibrant Healthy Life Through Clean Living (2017).

Her transforming lessons have helped inspire and motivate people to be the best they can be.

She has appeared on GMA, TLC, Lifetime and various media outlets communicating her message.



32 South Maple Avenue, Basking Ridge, NJ 07920 www.BernardsLibrary.org * 908-204-3031